



**April 2025**



**You need good technique, but also reliable equipment to get your golf game where you think it should be . . .**

## ***You're ready . . . but are your clubs???***

As the weather starts to get warmer – and drier – you will no doubt be getting out to the golf course or driving range more often. There are always a lot of things to consider, like getting new clubs or shoes . . . or a new swing. But another thing to consider is how good have you been treating your equipment, especially your golf clubs? Here are some hopefully helpful suggestions.

Now is a good time to get your golf clubs in order for the season. What that means could be a lot of different things, especially depending on how you store your clubs. Stop leaving your golf clubs in the car, which means keeping them in a more controlled environment, and that should lead to fewer surprises once you are throwing them in the car every day going to the course.

### **1. Clean or re-grip your grips**



We all have a friend who has grips that are so slick, you wonder how he or she doesn't have the club fly out of their hands on the backswing. Regripping every year is a good timeline, as the rubber in the grips will start to break down and become slick around that time. When your grips get slick, then you tend to grip the club too hard.

Re-gripping clubs can be a fun hobby to pick up if you have the space and can pick up a few key necessities. You'll need a vice, grip solvent, a sharp knife to cut the old grip off, two-faced tape (and masking tape if you build your grips up), and some new grips. There are countless YouTube videos and it's relatively simple to do. If can't get the materials or just don't want to do it yourself, a local golf shop will generally charge \$5 or less, plus the price of the new grips.

## 2. Get your lofts and lies checked

Throughout the season — and especially if you play with forged irons and wedges — the lofts and lies on your clubs will definitely change a little bit.

During the winter it can get worse, when you're constantly playing golf indoors and hitting balls off a mat, which is much firmer than typical turf. Take your golf clubs to a golf shop to get lofts and lies adjusted back to your original specs. Most shops charge from \$5-\$10 per club to make an adjustment and some will check them for free.

## 3. Consider a club fitting

This could be first on the list depending on how old your clubs are, although there's nothing like breaking in some fresh clubs. You might think the beginning of the season is a bad time for custom fitting, but going through a fitting while your swing isn't grooved might be a good idea. People often stress out about performing their best in a fitting, but you'll likely end up with clubs that help you manage your mishits better.

## ***Golf lessons available . . .***

We don't presently have a teaching pro at Fairgrounds GC, but that doesn't mean we aren't able to offer you lessons.

Pro **Matt Lekwart**, who operates out of our Tayman Park course in Healdsburg, is available to give lessons at Fairgrounds. Give him a call at 415-450-1033 and he will help you set up a time for instruction at Fairgrounds.

